

TAME YOUR THOUGHTS

BY MAX LUCADO

Online Bible Study Schedule

Week One (September 22 - 28) — Session 1: The Power of Your Thoughts

Live Chat — Friday, September 26 at 1 p.m. EST

Week Two (September 29 - October 5) — Session 2: Three Tools for Thought Management

Live Chat — Friday, October 3 at 1 p.m. EST

Week Three (October 6 - 12) — Session 3: Getting Unstuck from Anxiety and Guilt

Live Chat — Friday, October 10 at 1 p.m. EST

Week Four (October 13 - 19) — Session 4: Finding Joy and Avoiding the Lure of Lust

Live Chat — Friday, October 17 at 1 p.m. EST

Week Five (October 20 - 26) — Session 5: Navigating Overwhelming Situations and Pain

Live Chat — Friday, October 24 at 1 p.m. EST

Week Six (October 27 - November 2) — Session 6: Facing Rejection and Dissatisfaction

Live Chat — Friday, October 31 at 1 p.m. EST

Catch-up Week (November 3 - 9)

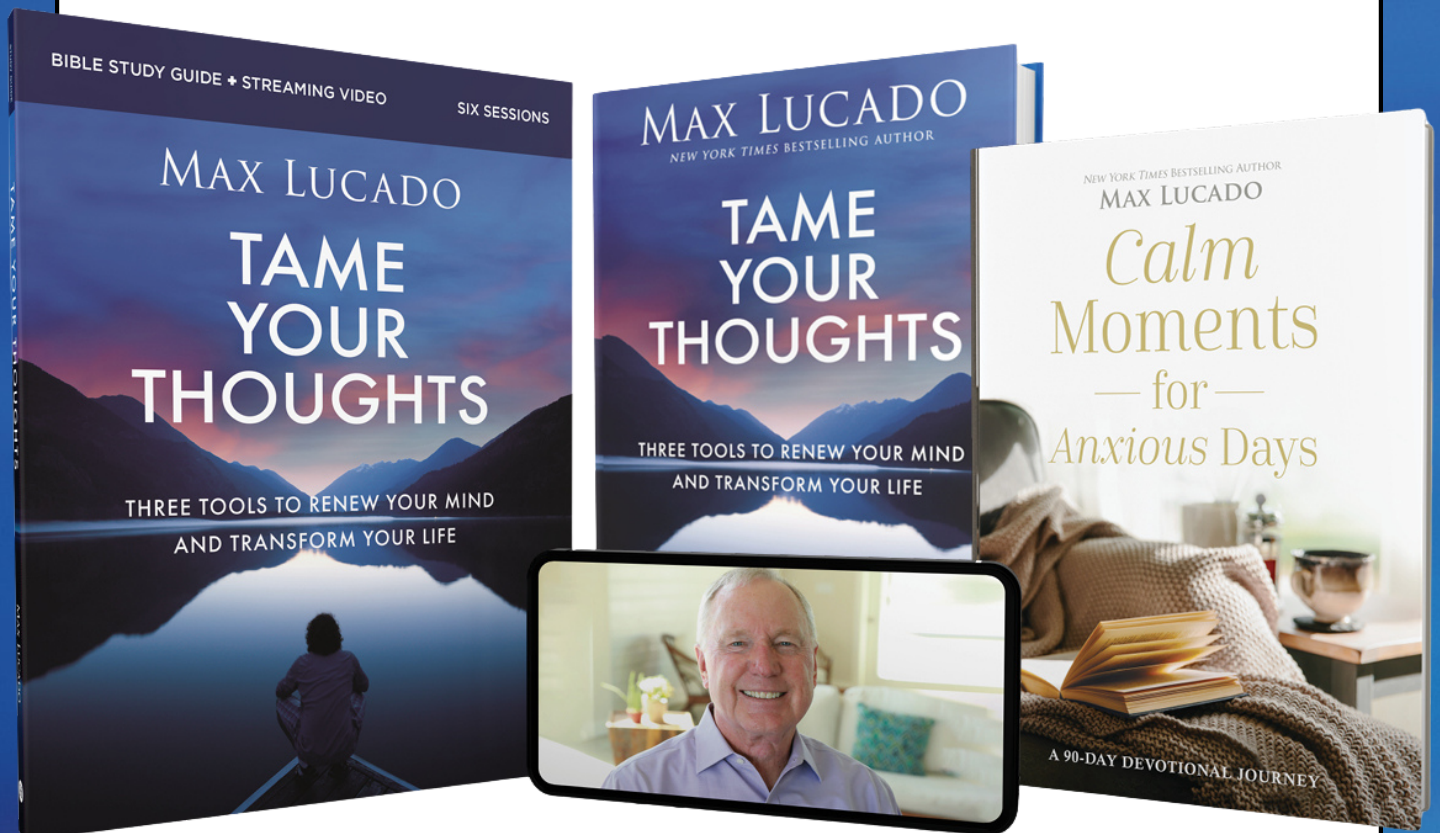
All videos are available for viewing

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