

# 9 SCRIPTURES FOR SURVIVING THE TIMES WHEN GOD SEEMS SILENT


A light beige watercolor wash is at the top of the page. To the right, a black line drawing of a branch with several leaves and a single round fruit hangs down.

Are you desperately longing to see evidence of God moving in the midst of a heart-wrenching situation? Maybe it's the unanswered prayer you've cried countless tears over. Or the relationship you're desperate for Him to mend. Or the pain you keep asking Him to please bring to an end. I know how hard that can be.

I also know the enemy would love for you to think God is ignoring you. The truth is, God absolutely longs to help us in our hurt. But to help us, He must transform us. And all of this is because He loves us. That's why I want to highlight these three statements that are my starting place when I think about and wrestle through unmet expectations, pain, and disappointments big and small:

GOD LONGS TO *help* ME.  
GOD LONGS TO *transform* ME.  
GOD *loves* ME.

On the next page you will find those statements coupled with lies we often believe and scriptures we can use to defeat those lies. When we express God's truth, we depress the lies of the enemy. I pray you will grab hold of these truths for yourself, friend. And I pray you'll rest in the knowledge that God's not ignoring you; He's restoring you.

A light beige watercolor wash is at the bottom of the page. To the right, a black line drawing of a branch with several leaves and a single flower hangs up.

Cut out the scripture cards on this page to keep them close. Grab onto these truths & depress the lies of the enemy.

## GOD LONGS TO *help* ME

### LIE:

Nothing seems to be changing. God must be ignoring my cries for help.

### TRUTH:

"I waited patiently for the Lord;  
he inclined to me and heard my cry.  
He drew me up from the pit of  
destruction, out of the miry bog,  
and set my feet upon a rock,  
making my steps secure."

*Psalm 10:1-2 ESV*

### I WILL REMEMBER:

God longs to help me, and He leans  
in close to listen to me.

### LIE:

I'm not sure God notices me or cares  
about me. It feels like my prayers don't  
even matter.

### TRUTH:

"Are not two sparrows sold for a  
penny? And not one of them will fall  
to the ground apart from your Father.  
But even the hairs of your head are all  
numbered. Fear not, therefore, you are  
of more value than many sparrows."

*Matthew 10:29-31 ESV*

### I WILL REMEMBER:

God longs to help me, and He cares  
about me deeply.

### LIE:

God is probably sick and tired of me and  
all my weaknesses.

### TRUTH:

"Do you not know? Have you not heard?  
The Lord is the everlasting God,  
the Creator of the ends of the earth.  
He will not grow tired or weary,  
and his understanding no one can  
fathom. He gives strength to the weary  
and increases the power of the weak."

*Isaiah 40:28-29 ESV*

### I WILL REMEMBER:

God longs to help me, and His strength  
is the answer for all my weaknesses.

## GOD LONGS TO *transform* ME

### LIE:

God can't possibly change someone like  
me.

### TRUTH:

"For those God foreknew he also  
predestined to be conformed to the  
image of his Son, that he might be the  
firstborn among many brothers and  
sisters."

*Romans 8:29 ESV*

### I WILL REMEMBER:

God longs to transform me, and  
He's making me more and more  
like Jesus.

### LIE:

God gave up on me a long time ago.

### TRUTH:

"And I am sure of this, that he who  
began a good work in you will bring  
it to completion at the day of Jesus  
Christ."

*Philippians 1:6 ESV*

### I WILL REMEMBER:

God longs to transform me, and He  
promises He'll complete the work  
He's doing in me.

### LIE:

God wishes I would just hurry up and get  
my act together.

### TRUTH:

"For it is God who works in you,  
both to will and to work for his  
good pleasure."

*Philippians 2:13 ESV*

### I WILL REMEMBER:

God longs to transform me, and He  
is the one who will help me change.

## GOD *loves* ME

### LIE:

I am unworthy of being loved by God.

### TRUTH:

"Very rarely will anyone die for a  
righteous person, though for a good  
person someone might possibly dare  
to die. But God demonstrates his own  
love for us in this: While we were still  
sinners, Christ died for us."

*Romans 5:7-9 ESV*

### I WILL REMEMBER:

God loves me, and He pursues me  
even when I act unlovable.

### LIE:

If God really loved me, He wouldn't let  
me feel this much pain.

### TRUTH:

"Consider it pure joy, my brothers and  
sisters, whenever you face trials of  
many kinds, because you know that  
the testing of your faith produces  
perseverance. Let perseverance finish  
its work so that you may be mature and  
complete, not lacking anything."

*James 1:2-4 ESV*

### I WILL REMEMBER:

God loves me, and He promises not  
to waste any of my pain.

### LIE:

If I'm honest with God about my feelings,  
He'll be disappointed and stop loving me.

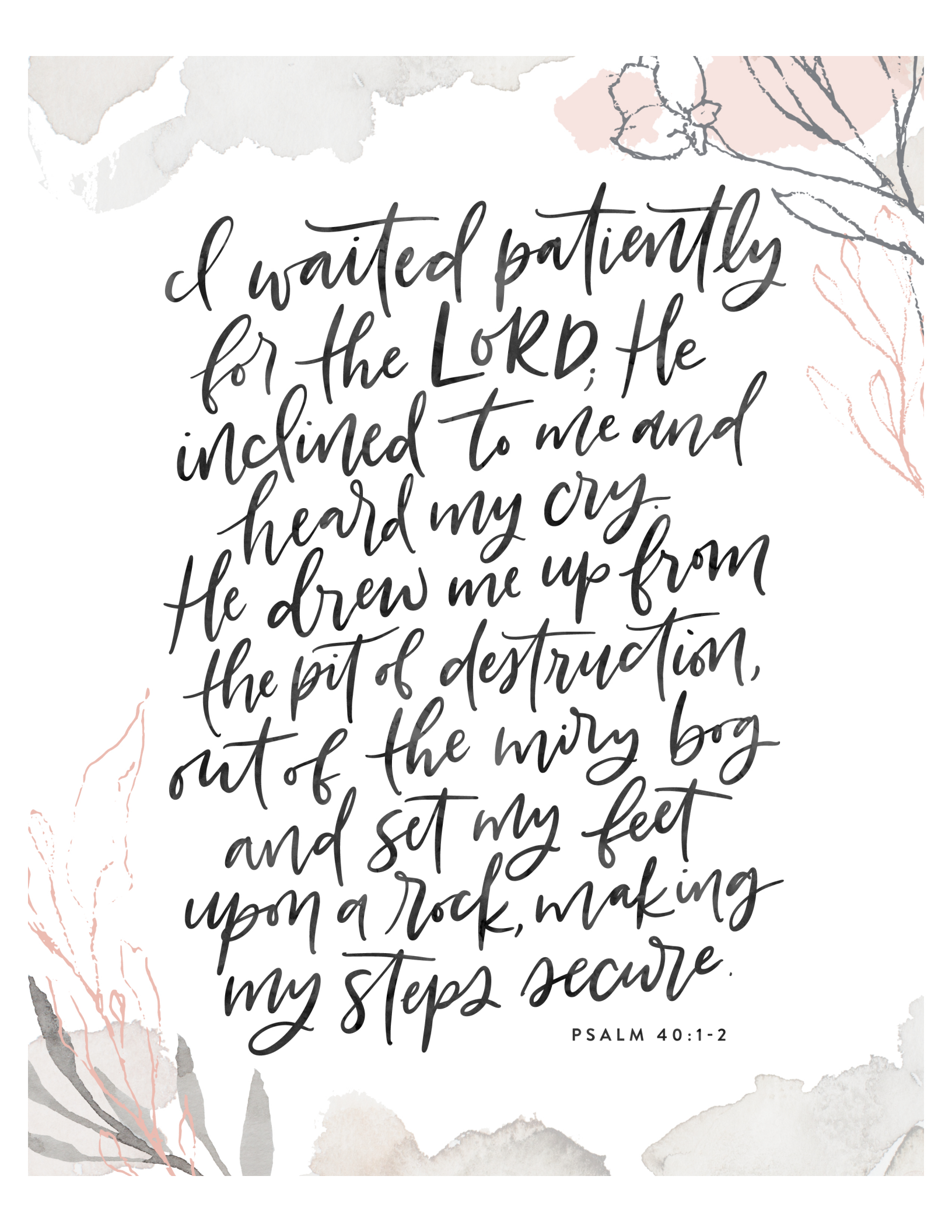
### TRUTH:

"Trust in him at all times, you people;  
pour out your hearts to him,  
for God is our refuge."

*Psalm 62:8 ESV*

### I WILL REMEMBER:

God loves me, and He invites me to  
pour my heart out to Him honestly.



I waited patiently  
for the LORD; he  
inclined to me and  
heard my cry.  
He drew me up from  
the pit of destruction,  
out of the miry bog  
and set my feet  
upon a rock, making  
my steps secure.

PSALM 40:1-2